

TDC 2022 COMPETITION TEAM

TRYOUTS

Monday May 17th

AGES 10 and OVER

6:30p-8:00pm Technique/Skills Practice

Tuesday May 18th

AGES 9 and UNDER

4:15p-5:45pm Technique/Skills Practice

AGES 10 and OVER

6:30p-8:00pm Technique/ Skills Practice

Thursday May 20th

AGES 9 and UNDER

4:15pm Learn Tryout Combo with Miss Amanda and Miss Heidi

AGES 10 and OVER

6:15pm Learn Tryout Combos with Miss Rachael Lyrical and Miss Heidi Jazz

Monday May 24th

AGES 10 and OVER

6:30pm Optional Refresher of Tryout Combos/Technique

Tuesday May 25th

AGES 9 and UNDER

4:15pm Optional Refresher of Tryout Combos/Technique

Thursday May 27th

ALL AGES

5:15pm Warm Up & GO!

****Please contact Miss Amanda directly with any conflicts***

Dress Code

LADIES

**Plain Black Leotard or Fitted Tank (please be sure bras underneath tanks/leo's are also black and there is no lettering/logos on your top)

**Plain Black Leggings

**Please bring ALL dance shoes and a clean pair of tennis shoes

**Hair Pulled Back SECURELY into a pony or a bun (no pigtail braids, bangs, or layered pieces sticking out)

GENTLEMEN

**Plain Black Fitted T-shirt or Tank Top

**Plain Black Shorts or Leggings

**Please bring ALL dance shoes and a clean pair of tennis shoes

**Hair styled out of your face/eyes

Technique/Skills Guideline

Technical elements and skills we will be looking closely at when determining groups/levels/routine placement

This is NOT a list of "REQUIREMENTS" it's a guideline for us to navigate your current level of dancing as well as your potential growth

Battement Technique

(correct leg placement, upper body control, strong supporting leg, turnout)

Jete'

(Level, control, upper and lower body, straight knees and feet)

Pirouette

(proper prep placement, tight, high pointed foot, quick spot, core control)

Coupe' Turns

(foot placement, high releve', proper prep and control landing)

Tilt Jump

(turnout, lifted supporting leg, straight knees and feet)

Traveling/Transition Turns

(chaines' and pique') (spot, straight knees, feet closures, upper body control, feet placement on pique')

Flexibility

(proper turnout, hip placement, core/upper body placement, feet placement)

Advanced Level

A la seconde turns

(proper prep, level leg, engaged core, arms, spot)

Firebird jumps

(prep in 5th position, turnout, back leg placement, upper body placement)

Acro Tricks

(proper form, preps, landings, straight legs and feet)

For any questions or clarifications, please contact Miss Amanda directly

thedansco@gmail.com